

# August 2022 | Multi-Sport Camp



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>WEEK 6:</p>	<p>2</p> <p>XPLORE</p>	<p>3</p> <p>CRAZY HAT DAY</p>	<p>4</p> <p>NBA DAY</p>	<p>5</p> <p>SLIDESHOW &amp; AWARDS CEREMONY</p>
<p>8</p> <p>WEEK 7:</p>	<p>9</p> <p>SUPERHERO DAY</p>	<p>10</p> <p>SKY ZONE</p>	<p>11</p> <p>MAN HUNT</p>	<p>12</p> <p>SLIDESHOW &amp; AWARDS CEREMONY</p> <p>I REALLY LIKE WHAT YOU ARE DOING. KEEP UP THE GOOD WORK</p>
<p>15</p> <p>WEEK 8:</p> <p>OLYMPIC WEEK</p>	<p>16</p> <p>BIKE RODEO #2 &amp; FS TRIATHLON</p>	<p>17</p> <p>WACKY WEDNESDAY</p>	<p>18</p> <p>MAN HUNT</p>	<p>19</p> <p>SLIDESHOW &amp; AWARDS CEREMONY</p> <p>LAST DAY OF CAMP</p>

EVENT	DESCRIPTION	NEED TO KNOW
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QUESTIONS? Contact Ed, Multi-Sport Director at 631.252.5427

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<b>Tidal Wave Slip &amp; Slide</b>	40-foot-long inflatable slip and slide	At least twice a week for all campers
<b>Slideshow &amp; Award Ceremony</b>	Photo slideshow of week's events followed by an award ceremony (whole camp & individual groups)	Every Friday beginning at 2:30 sharp. Due to covid restrictions, parents will not be attending*. Normal pick-up time. *Subject to change.
<b>Manhunt</b>	A camper favorite!	Every Thursday afternoon.
<b>Boxing Coach</b>	One session per week of boxing and agility training.	Every Monday and Wednesday, from 10am-12pm.
<b>NBA Day</b>	Focus on fundamentals of basketball	Tuesday, August 2. Wear favorite team's colors/gear
<b>Crazy Hat Day</b>	Campers are encouraged to wear crazy hats	Wednesday, August 3
<b>Superhero Day</b>	Campers are welcomed to wear their favorite superhero clothes.	Tuesday August 9th
<b>Bike Rodeo</b>	Fun & instructional day of biking	Tuesday, August 16. Bring a bike and helmet to camp. We emphasize safety so training wheels are quite common. Many campers bring scooters as well.
<b>FS Triathlon</b>	Swimming, biking & running	Takes place on the same day as the bike rodeo. Part of Olympics Week.
<b>Multi-Sport Olympics</b>	Challenge campers to compete in various competitions	Monday, August 15 - Friday, August 19
<b>WaCKY WeDnEsDaY</b>	Fun day to celebrate our 'wackiness!	Wednesday August 17th
<b>There will be an extra cost for the below trips:</b>		
<b>Xplore Field Trip</b>	Tues, August 4th 10am-12pm - Laser tag and dodgeball	\$25 per kid (ONLY for ages 10+)
<b>SKY ZONE</b>	Wed, Aug 10th - Trampoline fun!	Cost TBD

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